



Classical Ballet Training

STUDENTS EXPERIENCE THE BEAUTY AND DISCIPLINE OF CLASSICAL BALLET IN A COHESIVE PROGRAM OF STUDY THAT GIVES STUDENTS A SOLID TECHNICAL FOUNDATION, DEVELOPS THEIR ARTISTRY, AND PREPARES THEM FOR PERFORMANCE IN A PROFESSIONAL SETTING.

Classes and levels are cumulative and build on skills learned and mastered from year to year. Students are strongly encouraged to study for the full year. Consistent training is a key ingredient for a dancer's success!

REGISTER



Pre-Ballet / 6-7 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Tuesdays	4:15-5 pm	Daniella Parisot	CPAS	Jan 11-Apr 12 (13 sessions)	\$104
Thursdays	4:15-5 pm	Michal Harvey	Sevier	Jan 13-Apr 14 (13 sessions)	\$104

Ballet: Beginning 1 / 7-8 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Tuesdays	5-6 pm	Daniella Parisot	CPAS	Jan 11-Apr 12 (13 sessions)	\$104
Thursdays	5-6 pm	Michal Harvey	Sevier	Jan 13-Apr 14 (13 sessions)	\$104

Ballet: Beginning 2 / 8-10 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mon/Wed	4:30-5:45 pm	Daniella Parisot /	CPAS	Jan 10-Apr 13 (24 sessions)	\$192

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Ballet: Intermediate 1 / 9-13 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Tue/Thu	4:30-6 pm	Christen Heilman	CPAS	Jan 11-Apr 14 (26 sessions)	\$225

Ballet: Intermediate 2 / 11-12 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Tue/Thu	6-7:30 pm	Christen Heilman	CPAS	Jan 11-Apr 14 (26 sessions)	\$225

Ballet: Intermediate 3 / 11-13 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mon/Wed	4:30-6 pm	Christen Heilman	CPAS	Jan 10-Apr 13 (36 sessions)	\$275
Fri	4:30-6:30 pm	Daniella Parisot			

Ballet: Advanced 1 / 12-15 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mon/Wed	6-8 pm	Daniella Parisot	CPAS	Jan 10-Apr 16	\$325
Fridays	4:30-6:30 pm	Katie Eliason			
Saturdays	9:45-11 am	Katie Eliason			
Saturdays	11 am-12:15 pm	Kari Gregg			\$65

Add PBT

Ballet: Advanced 2 / 13-18 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mondays	6-8:15 pm	Katie Eliason	CPAS	Jan 10-Apr 16	\$350
Tuesdays	4-6 pm	Katie Eliason			
Contemporary Wednesdays	5:30-7 pm	Joi Ware			
Thursdays	6-8 pm	Katie Eliason			
Saturdays	11 am-12:30 pm	Andrea Greene			
Add Ballet Wednesdays	4-5:30 pm	Andrea Greene			\$65
Add PBT Saturdays	9:45-11 am	Kari Gregg			\$65

Ballet: Advanced 3 / 14-18 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mondays	4-6 pm	Katie Eliason	CPAS	Jan 10-Apr 16	\$415
Tuesdays	6-8:30 pm	Katie Eliason			
Contemporary Wednesdays	5:30-7 pm	Joi Ware			
Thursdays	4-6 pm	Katie Eliason			
PBT Saturdays	9:45-11 am	Kari Gregg			
Saturdays	11 am-12:30 pm	Katie Eliason			
Add Ballet Wednesdays	4-5:30 pm	Andrea Greene			\$65

CLASS PRE-REQUISITES

No experience necessary for Pre-Ballet / 6-7 yrs or for 8 yr olds signing up for Ballet: Beginning I / 7-8 yrs in the fall session. For higher levels, students must have completed at least one full year of the previous level (or equivalent) before advancing. Placement for current students is determined by instructor recommendation.

NEW / TRANSFER STUDENTS

New students beyond Pre-Ballet or transfer students wishing to join the Winter/Spring 2022 session should e-mail the Dance Division Supervisor at kathryn.wilkening@nashville.gov to determine appropriate class placement and availability before registering.

AGE REQUIREMENTS

Students must be the minimum age by August 15, 2021 for both Fall 2021 and Winter/Spring 2022 classes. This age requirement aligns with the MNPS age requirement for the school year.

PERFORMANCE ELIGIBILITY

Students are eligible to perform in the **Mini-Nutcracker** when they are 9 years old and in Ballet: Beginning III or higher and have completed the previous spring semester of training with the Metro Parks Dance Division. Fall transfer students who meet the age and level requirements are invited to understudy. Students in Centennial Youth Ballet (Advanced I, II, + III) are also eligible to perform in the **Annual Spring Dance Concert** after having completed the previous fall semester. Students must attend all required classes in order to perform.

CLASS LOCATIONS

Centennial Performing Arts Studios (**CPAS**)
211 27th Ave North, Centennial Park

Sevier Park Community Center (**Sevier**)
3021 Lealand Lane

DRESS CODE

Click "DRESS CODE" for information on dress code requirements for each class.

HAIR REQUIREMENTS

For all ballet classes, hair should be in a bun if length and texture allows. Otherwise, hair should be secured to head and away from the face.

HOLIDAYS

Classes DO NOT meet on **Jan 17** (Martin Luther King, Jr. Day); **Feb 21** (Presidents' Day); **March 12-18** (Spring Break)

CLASS OBSERVATION WEEK: APR 8-14

Family members are invited into the studio during the last week of class for an Observation Day where students can show off what they have learned during the semester.

SCHOLARSHIPS

Scholarships are available through Friends of Metro Dance for tuition and dress code requirements. Click "SCHOLARSHIPS" to download an application.

INCLEMENT WEATHER

Metro Parks Dance generally cancels classes if Metro Schools close for weather but may elect to hold afternoon classes if students can travel safely. If we cancel classes, we will notify families via e-mail, will post on social media, and generally schedule a make-up at the end of the semester.

Questions? E-mail kathryn.wilkening@nashville.gov or Call 615.862.8439

dance.nashville.gov   @MetroDanceNashville