

CONTEMPORARY DANCE CLASSES

Contemporary modern dance training builds strong, creative dancers through technique, improvisation, and composition. Students gain a solid technical foundation, create original movement individually and with partners, learn to engage the whole body and move with commitment through creative and imaginative movement exercises.



FOR REGISTRATION INFO:



FriendsofMetroDance.org/ClassesforChildren

Basics / 6-10 yrs

Thursdays	4:15-5 pm	Phylicia Roybal	Sevier	Aug 21-Nov 20 (14 sessions)	\$126	Jan 15-Apr 16 (13 sessions)	\$117
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Beginning / 8-11 yrs

Thursdays	5-6 pm	Phylicia Roybal	Sevier	Aug 21-Nov 20 (14 sessions)	\$126	Jan 15-Apr 16 (13 sessions)	\$117
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Basics for Teens / 12-18 yrs

Tuesdays	5:30-6:30 pm	Asia Pyron	Sevier	Aug 19-Nov 18 (13 sessions)	\$117	Jan 13-Apr 14 (13 sessions)	\$117
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**METRO PARKS
DANCE DIVISION**



Contemporary I for Ballet Dancers | 12-15 years

Wednesdays	4-5:30pm	Phylicia Roybal	Morgan	Aug 20-Nov 19 (14 sessions)	\$126	Jan 14-Apr 15 (13 sessions)	\$118
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Contemporary II for Ballet Dancers | 13-18 years

Wednesdays	5:30-7pm	Emma Morrison	Morgan	Aug 20-Nov 19 (14 sessions)	\$126	Jan 14-Apr 15 (13 sessions)	\$117
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Dance Composition for Teens

Dancers will explore contemporary dance methods, dancemaking tools, improvisation, and collaborative creative processes to strengthen their bodies and create new movement languages, all in a fun, supportive, and inspiring environment. Dancers will then use these tools in a collaborative choreographic process led by our teaching artists, where participants practice using their voices, making choices, and creating dances individually and as a team. It is recommended students take a technique class in addition to Dance Composition.

Saturdays	12-2pm	Emma Morrison	Sevier	Spring Session Only		Jan 17-Apr 18 (13 sessions)	\$117
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PRE-REQUISITES

No experience necessary for Basics levels. For the Beginning class, one year of the Basics class or equivalent required. For Contemporary I + II, because the class is geared toward dancers with an extensive ballet background, prior experience in contemporary and/or ballet is required.

NEW / TRANSFER STUDENTS

New students beyond the beginning levels or transfer students hoping to join the Winter/Spring session must email the Dance Division Supervisor at kathryn.wilkening@nashville.gov to schedule a placement class.

AGE REQUIREMENTS

Students must be the minimum age by August 15, 2025 for both the Fall 2025 and Winter/Spring 2026 sessions. This age requirement aligns with the MNPS age requirement for the school year.

CLASS LOCATIONS

Morgan Community Center (**Morgan**)
411 Hume Street

Sevier Park Community Center (**Sevier**)
3021 Lealand Lane

QUESTIONS?

E-mail kathryn.wilkening@nashville.gov or Call 615.880.2787



@MetroDanceNashville friendsofmetrodance.org