



Classical Ballet Training

STUDENTS EXPERIENCE THE BEAUTY AND DISCIPLINE OF CLASSICAL BALLET IN A COHESIVE PROGRAM OF STUDY THAT GIVES STUDENTS A SOLID TECHNICAL FOUNDATION, DEVELOPS THEIR ARTISTRY, AND PREPARES THEM FOR PERFORMANCE IN A PROFESSIONAL SETTING.

Classes and levels are cumulative and build on skills learned and mastered from year to year. Students are strongly encouraged to study for the full year. Consistent training is a key ingredient for a dancer's success!

REGISTER

Pre-Ballet / 6-7 yrs

Mondays	4:15-5 pm	Sarah Atkins	CPAS	Aug 15-Nov 14 (13 sessions)	\$104	Jan 9-Apr 10 (11 sessions)	\$88
Thursdays	4:45-5:30 pm	Michal Harvey	Sevier	Aug 18-Nov 17 (14 sessions)	\$112	Jan 12-Apr 13 (13 sessions)	\$104

Ballet: Beginning 1 / 7-8 yrs

Mondays	5-6 pm	Sarah Atkins	CPAS	Aug 15-Nov 14 (13 sessions)	\$104	Jan 9-Apr 10 (11 sessions)	\$88
Wednesdays	5:15-6:15 pm	Sarah Atkins	CPAS	Aug 17-Nov 16 (14 sessions)	\$112	Jan 11-Apr 12 (13 sessions)	\$104

Ballet: Beginning 2 / 8-9 yrs - both days required

Tue/Thu	4-5 pm	Daniella Parisot	CPAS	Aug 16-Nov 17 (28 sessions)	\$224	Jan 10-Apr 13 (26 sessions)	\$208
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Ballet: Beginning 3 / 9-10 yrs - both days required

Tue/Thu	5-6 pm	Daniella Parisot	CPAS	Aug 16-Nov 17 (28 sessions)	\$224	Jan 10-Apr 13 (26 sessions)	\$208
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Ballet: Intermediate 2 / 11-12 yrs - both days required

Tuesdays Thursdays	4:30-6 pm 6-7:30 pm	Christen Heilman	CPAS	Aug 16-Nov 17 (28 sessions)	\$240	Jan 10-Apr 13 (26 sessions)	\$230
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Ballet: Intermediate 3 / 12-13 yrs - three days required

Mon/Wed/Fri	4:30-6 pm	Christen Heilman Daniella Parisot	CPAS	Aug 15-Nov 18 (40 sessions)	\$300	Jan 9-Apr 14 (37 sessions)	\$275
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Ballet: Advanced 1 / 13-15 yrs - four days required

Mon/Tue Fridays Saturdays	6-8 pm 4:30-6:30 pm 9:45-11 am	Daniella Parisot Katie Eliason	CPAS	Aug 15-Nov 19 (54 sessions)	\$340	Jan 9-Apr 15 (50 sessions)	\$325
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Add **Progressing Ballet Technique** (Optional but recommended)

Saturdays	11 am-12 pm	Kari Gregg	CPAS	Aug 20-Nov 19 (14 sessions)	\$70	Jan 14-Apr 15 (13 sessions)	\$65
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Ballet: Advanced 2 / 14-18 yrs - five days required

Mondays Tuesdays Wednesdays - (Contemporary) Thursdays Saturdays	6-8:15 pm 4-6 pm 5:30-7 pm 6-8 pm 11 am-12:30 pm	Katie Eliason Emma Morrison Andrea Greene	CPAS	Aug 15-Nov 19 (69 sessions)	\$380	Jan 9-Apr 15 (63 sessions)	\$360
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Add **Progressing Ballet Technique** (Optional but recommended)

Saturdays	9:45-11 am	Kari Gregg	CPAS	Aug 20-Nov 19 (14 sessions)	\$70	Jan 14-Apr 15 (13 sessions)	\$65
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Add Extra Ballet Class (Optional)-Sign up for **Adv II/III Add-On** in registration system.

Wednesdays	4-5:30 pm	Andrea Greene	CPAS	Aug 17-Nov 16 (14 sessions)	\$70	Jan 11-Apr 12 (13 sessions)	\$65
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Ballet: Advanced 3 / 14-18 yrs - five days required

Mondays	4-6 pm	Katie Eliason Emma Morrison Kari Gregg	CPAS	Aug 15-Nov 19 (83 sessions)	\$450	Jan 9-Apr 15 (76 sessions)	\$425
Tuesdays	6-8:30 pm						
Wednesdays - (Contemporary)	5:30-7 pm						
Thursdays	4-6 pm						
Saturdays (PBT)	9:45-11 am						
Saturdays	11 am-12:30 pm						

Add Extra Ballet Class (Optional)-Sign up for **Adv II/III Add-On** in registration system.

Wednesdays	4-5:30 pm	Andrea Greene	CPAS	Aug 17-Nov 16 (14 sessions)	\$70	Jan 11-Apr 12 (13 sessions)	\$65
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CLASS PRE-REQUISITES

No experience necessary for Pre-Ballet / 6-7 yrs or for 8 yr olds signing up for Ballet: Beginning I / 7-8 yrs in the fall session. For higher levels, students must have completed at least one full year of the previous level (or equivalent) before advancing. Placement for current students is determined by instructor recommendation.

NEW / TRANSFER STUDENTS

New students beyond Pre-Ballet or transfer students wishing to join the Winter/Spring 2023 session should e-mail the Dance Division Supervisor at kathryn.wilkening@nashville.gov to determine appropriate class placement and availability before registering.

AGE REQUIREMENTS

Students must be the minimum age by August 15, 2022 for both Fall 2022 and Winter/Spring 2023 classes. This age requirement aligns with the MNPS age requirement for the school year.

PERFORMANCE ELIGIBILITY

Students are eligible to perform in the **Mini-Nutcracker** when they are 9 years old and in Ballet: Beginning III or higher and have completed the previous spring semester of training with the Metro Parks Dance Division. Fall transfer students who meet the age and level requirements are invited to understudy. Students in Centennial Youth Ballet (Advanced I, II, + III) are also eligible to perform in the **Annual Spring Dance Concert** after having completed the previous fall semester. Students must attend all required classes in order to perform.

CLASS LOCATIONS

Centennial Performing Arts Studios (**CPAS**)
211 27th Ave North, Centennial Park

Sevier Park Community Center (**Sevier**)
3021 Lealand Lane

Questions? E-mail kathryn.wilkening@nashville.gov or Call 615.880.2787

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METRO PARKS
DANCE DIVISION 