



Classical Ballet Training

STUDENTS EXPERIENCE THE BEAUTY AND DISCIPLINE OF CLASSICAL BALLET IN A COHESIVE PROGRAM OF STUDY THAT GIVES STUDENTS A SOLID TECHNICAL FOUNDATION, DEVELOPS THEIR ARTISTRY, AND PREPARES THEM FOR PERFORMANCE IN A PROFESSIONAL SETTING.

Classes and levels are cumulative and build on skills learned and mastered from year to year. Students are strongly encouraged to study for the full year. Consistent training is a key ingredient for a dancer's success!

[REGISTER](#)

Pre-Ballet / 6-7 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Tuesdays	4:15-5 pm	Daniella Parisot	CPAS	Aug 17-Nov 16 (14 sessions)	\$112
Thursdays	4:15-5 pm	Michal Harvey	Sevier	Aug 19-Nov 18 (13 sessions)	\$104

Ballet: Beginning 1 / 7-8 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Tuesdays	5-6 pm	Daniella Parisot	CPAS	Aug 17-Nov 16 (14 sessions)	\$112
Thursdays	5-6 pm	Michal Harvey	Sevier	Aug 19-Nov 18 (13 sessions)	\$104

Ballet: Beginning 2 / 8-10 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mon/Wed	4-5 pm	Daniella Parisot (Mon) Kari Gregg (Wed)	CPAS	Aug 16-Nov 17 (27 sessions)	\$216

Ballet: Beginning 3 / 9-10 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mon/Wed	5-6 pm	Daniella Parisot (Mon) Kari Gregg (Wed)	CPAS	Aug 16-Nov 17 (27 sessions)	\$216

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Ballet: Intermediate 1 / 9-13 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Tue/Thu	4:30-6 pm	Christen Heilman	CPAS	Aug 17-Nov 18 (27 sessions)	\$240

Ballet: Intermediate 2 / 11-12 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Tue/Thu	6-7:30 pm	Christen Heilman	CPAS	Aug 17-Nov 18 (27 sessions)	\$240

Ballet: Intermediate 3 / 11-13 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mon/Wed/Fri	4:30-6 pm	Christen Heilman (MW) Daniella Parisot (F)	CPAS	Aug 16-Nov 19 (41 sessions)	\$300

Ballet: Advanced 1 / 12-15 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mon/Wed	6-8 pm	Daniella Parisot	CPAS	Aug 16-Nov 20	\$340
Fridays	4:30-6:30 pm	Katie Eliason			
Saturdays	9:45-11 am	Katie Eliason			
Add PBT	Saturdays	11 am-12:15 pm	Kari Gregg		\$65

Ballet: Advanced 2 / 13-18 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mondays	6-8:15 pm	Katie Eliason	CPAS	Aug 16-Nov 20	\$380
Tuesdays	4-6 pm	Katie Eliason			
Contemporary	Wednesdays	5:30-7 pm	Joi Ware		
Thursdays	6-8 pm	Katie Eliason			
Saturdays	11 am-12:30 pm	Andrea Greene			
Add Ballet	Wednesdays	4-5:30 pm	Andrea Greene		\$70
Add PBT	Saturdays	9:45-11 am	Kari Gregg		\$65

Ballet: Advanced 3 / 14-18 yrs

Day	Time	Instructor	Location	Session Dates	Fee
Mondays	4-6 pm	Katie Eliason	CPAS	Aug 16-Nov 20	\$445
Tuesdays	6-8:30 pm	Katie Eliason			
Contemporary	Wednesdays	5:30-7 pm	Joi Ware		
Thursdays	4-6 pm	Katie Eliason			
PBT	Saturdays	9:45-11 am	Kari Gregg		
Saturdays	11 am-12:30 pm	Katie Eliason			
Add Ballet	Wednesdays	4-5:30 pm	Andrea Greene		\$70

CLASS PRE-REQUISITES

No experience necessary for Pre-Ballet / 6-7 yrs or for 8 yr olds signing up for Ballet: Beginning I / 7-8 yrs. For higher levels, students must have completed at least one full year of the previous level (or equivalent) before advancing. Placement for current students is determined by instructor recommendation.

NEW / TRANSFER STUDENTS

New students beyond Pre-Ballet and Ballet: Beginning I should e-mail the Dance Division at dance@nashville.gov to determine appropriate placement before registering.

AGE REQUIREMENTS

Students must be the minimum age by August 15, 2021 for both Fall 2021 and Winter/Spring 2022 classes. This age requirement aligns with the MNPS age requirement for the school year.

PERFORMANCE ELIGIBILITY

Students are eligible to perform in the **Mini-Nutcracker** when they are 9 years old and in Ballet: Beginning III or higher and have completed the previous spring semester of training with the Metro Parks Dance Division. Fall transfer students who meet the age and level requirements are invited to understudy. Students in Centennial Youth Ballet (Advanced I, II, + III) are also eligible to perform in the **Annual Spring Dance Concert** after having completed the previous fall semester. Students must attend all required classes in order to perform.

CLASS LOCATIONS

Centennial Performing Arts Studios (**CPAS**)
211 27th Ave North, Centennial Park

Sevier Park Community Center (**Sevier**)
3021 Lealand Lane

DRESS CODE

Click "DRESS CODE" for information on dress code requirements for each class.

HAIR REQUIREMENTS

For all ballet classes, hair should be in a bun if length and texture allows. Otherwise, hair should be secured to head and away from the face.

HOLIDAYS

Classes DO NOT meet on **Sep 6** (Labor Day); **Nov 11** (Veterans' Day); Classes DO meet during the MNPS Fall Break (Oct 11-15).

CLASS OBSERVATION WEEK: NOV 15-20

Family members are invited into the studio during the last week of class for an Observation Day where students can show off what they have learned during the semester.

SCHOLARSHIPS

Scholarships are available through Friends of Metro Dance for tuition and dress code requirements. Click "SCHOLARSHIPS" to download an application.

INCLEMENT WEATHER

Metro Parks Dance generally cancels classes if Metro Schools close for weather but may elect to hold afternoon classes if students can travel safely. If we cancel classes, we will notify families via e-mail, will post on social media, and generally schedule a make-up at the end of the semester.

Questions? E-mail kathryn.wilkening@nashville.gov or Call 615.862.8439

dance.nashville.gov   @MetroDanceNashville